

STD/HIV Prevention Program

Information for Parents

Grades 9 - 12



Every year, 20 million Americans get a sexually transmitted disease (STD). More than half are teens, ages 15-24 years old. This puts them at higher risk for STDs than any other age group.¹

By law² all California middle and high school students must receive STD prevention education. Your student's high school selected a program created by Kaiser Permanente's Educational Theatre as part of their STD prevention curriculum.

The program includes a play called *What Goes Around*, the opportunity for students to participate in a Q & A session, and the chance to ask the actor-educators questions one-on-one.

The actor-educators are certified by the Center for Disease Control (CDC). They provide students with medically accurate answers to their questions. They give teens the facts about STDs and clear up common myths. Students also receive information on where to find sexual health resources.

Main Points of the Program:

- Not having sex is the only risk-free choice
- Use condoms if you have sex
- Get tested at a clinic if you have sex



The Play (60 minutes)

What Goes Around tells the story of five friends in high school. One of the characters gets two STDs. This makes the whole group question their friendships and choices. By combining the drama of teen relationships with important information about sexual health, this program lets young people see themselves in the characters and the stories that unfold onstage. As the characters react and change throughout the play, students see how making healthy choices can be a part of their everyday lives. Teens remember the educational messages long after they have seen the program.

"Kaiser Permanente provided a life enhancing—and even lifesaving—service to Banning High School today."
Principal, Banning High School, Banning

"The actors are 'up' on the newest misinformation and really help to dispel myths [about STDs]."
Teacher, Northridge Academy High School, Northridge

"After watching this play I see that staying abstinent is probably your best bet if you want to stay safe."
Student, Burroughs High School, Burbank

Visit www.kp.org/educationaltheatre/scal for more information about this and other Kaiser Permanente Educational Theatre programs. Please contact your student's school administration if you do not want your student to attend this educational presentation.

¹ Centers for Disease Control and Prevention:

"Reported Cases of STDs on the Rise in the U.S." (2015);

<https://www.cdc.gov/nchstp/newsroom/2015/std-surveillance-report-press-release.html>

² California Healthy Youth Act (2016); www.cde.ca.gov/ls/he/se/